

Sample 1-week adult course programme

Time/Day	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9.00 – 10.30	<p style="text-align: center;"><u>Arrival in Broadstairs</u> Guests will be met by host-families or taken to host-families.</p>	Lesson 1	Lesson 1	Lesson 1	Lesson 1	Lesson 1	<u>Departure</u>
10.30 – 11.00		Break	Break	Break	Break	Break	
11.00 – 12.30		Lesson 2	Lesson 2	Lesson 2	Lesson 2	Lesson 2	
12.30 – 14.00		Lunch in town	Lunch in town	Lunch in town	Lunch in town	Lunch in town	
14.00 – 17.00		Lesson 3 or Broadstairs walk	Lesson 3 or trip to Canterbury with Cathedral visit	Lesson 3 or free time	Lesson 3 or free time	Lesson 3 or trip to Sandwich with Secret Garden visit	
17.00 – 19.30		Return to host families to change, eat and relax.	Return to host families to change, eat and relax.	Return to host families to change, eat and relax	Return to host families to change, eat and relax.	Return to host families to change, eat and relax.	
19.45 – 22.00		Welcome evening - live music in a local pub accompanied by a teacher	Free evening	Free evening	Free evening	Social night - to be arranged when you arrive	