

SAMPLE MENU

BREAKFAST

Milk / Juice- Orange, Apple, etc. / Water

Cereals

Bread / Toast

Selection of spreads- butter, marmalade, chocolate spread, etc.

EVENING

Sunday

SAUSAGE CASSEROLE AND MASH POTATO

CHOCOLATE PUDDING AND CHOCOLATE CUSTARD

Monday

CHICKEN AND HAM PIE, NEW POTATOS AND GREEN BEANS

FRUIT CRUMBLE AND CREAM

Tuesday

PORK MEATBALLS AND BUTTERED PASTA

BAKED PEACHES AND ICE CREAM

Wednesday

BEEF IN RED WINE PIE, DAUPHINOISE POTATOS, PEAS AND CARROTS

HOMEMADE CHEESECAKE

Thursday

CHILLI CON CARNE AND RICE WITH TOASTED PITTA BREAD

STRAWBERRY SPONGE CAKE

Friday

HONEYED CHICKEN AND BACON SALAD, JACKET POTATOS

TREACLE SPONGE AND CUSTARD

Saturday

WARMING CHICKEN KORMA SOUP

HOT SAUSAGE ROLLS

APPLE COBBLER AND CREAM